



طب الطوارئ في الحياة البرية

Dear Doctor,
We are delighted to invite you to attend
1st Regional wilderness conference
SAND SEA SUMMIT

7-8th
NOVEMBER
2024



07:30 AM - 4:00 PM



The Regency Hotel, Kuwait

S P E A K E R S



Dr. Nawaf Dehrab



Dr. Nathaniel Mann



Dr. Lara Phillips



Dr. Kerry Kreidel



Dr. Banan Al Saleh



Dr. Jenan Salmeen



Dr. Linda Sanders



Dr. Ali A Ashkanani



Dr. Josh Rudner



Dr. Mohammad Esmail



Dr. Abdulaziz Sultan



Dr. Abdulla Alhammodi



Dr. Amit Padaki



Dr. Ali ashkanani



Dr. Dalal T.S.N.S Alsaeed

AGENDA

Thursday, 7th November, 2024

TIME	TOPIC	SPEAKER
7:30 - 8:00 AM	Registration and Breakfast	
8:00 - 8:30 AM	Intro to Wilderness Medicine	Dr. Nawaf Dehrab
8:30 - 8:50 AM	Dive Medicine : Advances in Diagnosis and Treatment	Dr. Nathaniel Mann
8:50 - 9:10 AM	Prevention measures for altitude illness: Preparation, Acclimitization and Adaptation	Dr. Lara Phillips
9:10 - 9:30 AM	Pain management vs wound management in wilderness medicine	Dr. Kerry Kreidel
9:30 - 9:45 AM	Panel Discussion	
9:45 - 10:00 AM	Coffee Break	
10:00 - 10:30 AM	HANDS ON - Workshop (Group A)	
10:30 - 10:50 AM	Plant Toxicology: Case Studies and Lessons Learned	Dr. Banan Al Saleh
10:50 - 11:10 AM	Venomous Creatures: Understanding Envenomation and its Clinical Management	Dr. Jenan Salmeen
11:10 - 11:30 AM	Paediatric Wilderness Medicine	Dr. Linda Sanders
11:30 - 11:50 AM	Skin deep in the wilderness: Dermatological Challenges and Solutions	Dr. Lara Phillips
11:50 - 12:10 PM	Panel Discussion	
12:10 - 1:00 PM	Lunch (Prayer)	
1:00 - 1:30 PM	HANDS ON - Workshop (Group B)	
1:30 - 2:00 PM	Opening Ceremony	
2:00 - 2:20 PM	Toothaches and Trauma: Managing Dental Emergencies in the Wilderness	Dr. Linda Sanders
2:20 - 2:40 PM	Cultural Considerations in Travel Medicine	Dr. Kerry Kreidel
2:40 - 3:00 PM	Striking Back: Lightning Safety & Response in Wilderness	Dr. Ali A Ashkanani
3:00 - 4:00 PM	Practice - Skills Station	

Friday, 8th November, 2024

TIME	TOPIC	SPEAKER
7:30 - 8:00 AM	Registration	
8:00 - 8:30 AM	Lost and Found: Strategies for Locating Missing Persons in Remote Area	Dr. Nathaniel Mann
8:30 - 8:50 AM	Stress management in High Performance Environments: Strategies for Resilience	Dr. Josh Rudner
8:50 - 9:10 AM	Race medicine: Understanding the Unique Challenges and Opportunities	Dr. Linda Sanders
9:10 - 9:30 AM	The Final Frontier: Space Medicine Challenges and Solutions	Dr. Nathaniel Mann
9:30 - 9:45 AM	Panel Discussion	
9:45 - 10:00 AM	Coffee Break	
10:00 - 10:30 AM	HANDS ON - Workshop (Group A)	
10:30 - 10:50 AM	Heat Stroke: Recognising, Treating and Preventing Medical Emergency	Dr. Mohammad Esmaeil
10:50 - 11:10 AM	Frostbite and Hypothermia: Recognising and Treating Cold Emergencies	Dr. Abdulaziz Sultan
11:10 - 11:30 AM	Medical Kits for Every Adventure: Tailoring Supplies to your Outdoor Activities	Dr. Abdulla Alhammodi
11:30 - 11:50 AM	Clean Water, Clear Mind: Ensure Safe Drinking Water in the Back Country	Dr. Ali H Ashkanani
11:50 - 12: 10 PM	Panel Discussion	
12:10 - 1:00 PM	Lunch (Prayer)	
1:00 - 1:30 PM	HANDS ON - Workshop (Group B)	
1:30 - 1:50 PM	Jeopardy - Competitions (Trivia questions between 4 groups of four in Auditourium) - Winner wins a prize	
1:50 - 2:50 PM	Practice - Skills Station	



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